



#myjobishumans

## Thinking about working in Leisure & Health?

A career in Leisure & Health is **varied, fun and rewarding** and great for someone who would enjoy helping to those in need to **live a quality life** through providing leisure and recreation activities.

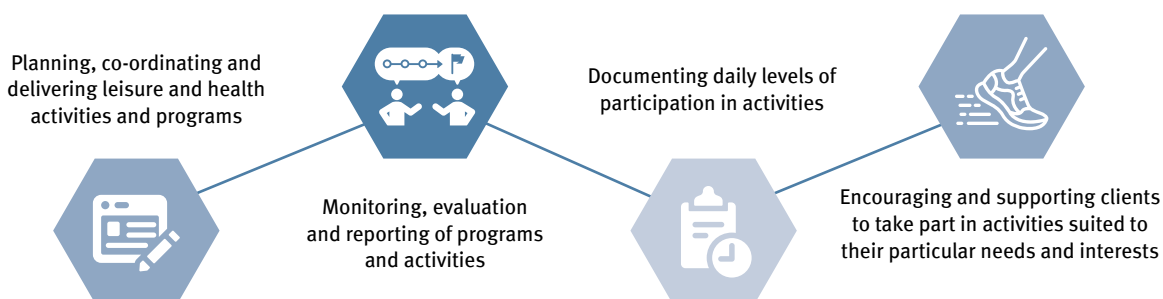
### Did you know?

Leisure and Health plays an important role in empowering people to manage their health, enhance their wellbeing and lead a meaningful and fulfilling life.

## What is a Community Recreation Activity Assistant?

Community Recreation Activity Assistants deliver recreational activities in a variety of settings that improve overall wellbeing for people with disabilities, the elderly, youth, families or corporate organisations to help them stay active whilst interacting with others. Activities can include art, crafts, music, dance, games and other hobbies.

## What does the job involve?



### Licences and regulatory requirements?

- ✓ Blue card
- ✓ NDIS Workers Screening Check
- ✓ Police Check (or Criminal History Check)
- ✓ First Aid Certificate & CPR
- ✓ Vaccinations

\*Organisations' requirements may vary

### Skills

Soft	Technical
Communication skills	Program coordination and supervisory skills
Innovative and creative	
Compassionate	Computer skills
Energetic	Manual handling and lifting
Patient	An understanding of Resident Rights, Aged Care Accreditation Standards and Outcomes
Reliable	
Fit and Healthy	

### How do I become a Community Recreation Activity Assistant?

Entry is usually via a Certificate IV or Diploma of Leisure and Health (CHC53415). Pathways are also available via a Certificate IV in Ageing Support (CHC43015) or Certificate IV in Disability (CHC43115). A Bachelor of Health Science (Leisure and Health) is also available to ATAR students.

There are no prerequisites, however students must be 15 years of age, be vaccinated against influenza and complete a Language, Literacy and Numeracy Assessment and national criminal history check.